

## 'Therapeutic Imperviosity' Signs on the Rorschach

A negative D suggests distress, an important **motivator for change**, conversely,  $D = 0$  would reflect an absence of distress, and if not distressed, heck, why bother changing? Worse than that, there are some suggestions that a  $D = 0$  seen in patients you would test is often reflective of personality disorder, i.e. more rigidity, less investment in change.

a:p ratio: Speaking of **rigidity**, a ratio within 3:1 reflects a more healthy, adaptable, flexibility in thinking, where as a ratio exceeding that is not. Increasing rigidity means an inability to consider other options, others' perspectives, ergo, a tendency to "**Therapeutic Imperviosity**"(tm). Weiner suggests where  $\text{Sum } a:p > 4$ , a ratio of  $> 2:1$  is problematic.

Speaking of "a" and "p", it would be nice to see  $M_a > M_p$ . The other way round reflects the personal motto "when the going gets tough, I play the lotto." Passivity, and retreat into wish fulfilling fantasy as a substitute for taking action where action is needed.

Some FD (insightfulness) would be good, but I will take V. What's Vista, but a tortured self-reflective FD. As you, Windows users all know. We Mac users hear the chorus of "Oh why, oh why, oh why did I . . . ?" That's vista!

A WSumC that would indicate a capacity to access and express ones feelings. Going in the opposite direction, in addition to low WSumC, Afr and Intellectualization indices should be considered.

What else....? COP is obviously good, but too much AG is not. Fr generally is not.

Phil Caracena gave us a nice description the other day of EB and EBPer with some elegantly stated implications for therapy. You will not want to miss that posting.

HTH

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From: Rorschach\_List@yahoogroups.com [Rorschach\_List@yahoogroups.com] On Behalf Of Britta [bboekamp01@yahoo.com] Sent: July 14, 2010 5:04 AM To: Rorschach\_List@yahoogroups.com Subject: [Rorschach\_List] ROR Indicators predicting success of psychotherapy

Hi All,

I am enrolled in the Projective Personality Assessment course at Argosy University. I have a question about what indicators on the ROR would be useful in determining either positive indicators, or contra-indicators, for psychotherapy.

In general, I am interested in how to predict the effectiveness of psychotherapy, and would be very interested in hearing your feedback on how the ROR may be helpful in this process.

Thank you in advance for your help,

Britta Boekamp, Argosy University - PsyD Program