

SELF-CONSCIOUS**Synonyms: calculated, premeditated**

Appearances mean a lot to you and you expend a great deal of your energy on arranging your hair, dress, and makeup, as well as your surroundings, so they look and feel just right. When something is out of place, it makes you anxious.

A tad self-conscious, you've found that using a well-crafted social front is helpful in achieving your desires. This is not to say you are deceptive. Rather it is that you understand well how people respond more favorably to courtesy than aggression.

Worrying about what others will think of you puts the brakes on your ability to act spontaneously. When you always have to consider how you look and the way you are behaving, you cannot possibly be natural.

Her public appearance is a carefully created persona that serves to conceal her true self. She may not even know for sure who that self really is, so complete is the disguise.

The writer's self-consciousness causes her to operate behind the scenes, rather than in the spotlight.

Her self-consciousness causes her to feel uneasy around strange people in unfamiliar situations.