

REJECTION, FEAR OF

Synonyms: rebuff, brush-off

When faced with difficult or unpleasant people, she feels personally rejected and is quickly discouraged. If she could just sit at a desk and make phone calls all day, she would more likely be successful than if required to spend a lot of time out in the field, dealing with the unknown.

He has contact difficulties that make others feel uncomfortable, though they may not really know why. His aloofness is actually a defense against a fear of rejection.

He is uncertain and shy about approaching unfamiliar situations and people. As a defense against his fear of rejection, he tends to make too much of an effort and comes across simply as aggressive and pushy.

The slightest hint of rejection brings childhood feelings flooding back, when similar experiences may have occurred.

He hesitates to vocalize his suggestions, even those with merit, out of a fear of being laughed at.

Aloof and shy, she holds others at arm's length. Her fear is that if she opens up, she may be rejected.