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The purpose of this investigation was to examine the relationship between compliance with a behavior therapy program and personality characteristics of obsessive-compulsive disorder (OCD) outpatients (n = 169), as measured by the Minnesota Multiphasic Personality Inventory (MMPI). Compliance was defined as the number of scheduled behavior therapy sessions canceled or missed by patients. Standard multiple regression analysis revealed that higher scores on scales 8 (Schizophrenia), 2 (Depression), and 0 (Social Introversion) contributed significantly to the prediction of compliance among OCD patients engaged in behavior therapy.