

## Hypervigilance Index

HVI

$\geq 5$

....always prepared for the worst.

....guarded, distant, and cool to the approaches of others.

....personal safety is the uppermost concern.

(Exner 1991, p. 193)

....hyperalert, guarded, and distrusting of everything around them.

....constantly looking around to make sure things are what they appear to be.

....unusually absorbed with details and their meaning at the expense of all of the relevant information present, which can lead to misinterpretations and errors in judgment along with faulty reactions and behavior.

(Exner 1997, p. 339)