

EB mean  $5 \pm 2$ : mean  $4 \pm 2$

SumM: WSumC

Don't interpret the direction unless there is a 2pt difference. This ratio compares intellectual and emotional resources; the direction is very stable over time. M represents possible cognitive resources; it is a more complex response neurologically, it increases with dream recall, age, and mania, and decreases in depression. M is related to having an internal system of values, an ability to relate to other people, and anticipate outcomes by thinking things through before acting. C represents possible emotional resources; it is given quickly and is a simple response neurologically. For the WSumC, count  $FC=.5$ ,  $CF=1$ , and  $C=1.5$ .

When  $M > WSumC$ , you have an **introversive**; introversives are thinkers, reasoners, who consider their actions before deciding what to do; they take longer to make a decision in the short-run, which can hurt them. However, they make fewer mistakes in the long-run, and solve problems just as quickly as extratensives do.

When  $M < WSumC$ , you have an **extratensive** they allow their emotions to weigh heavily in their reasoning processes; they make decisions faster in the short-run, which can help them. However, they learn by trial and error, and thus make more mistakes, which may hurt them in the long-run. They solve problems just as quickly as introverts do.

When  $M=WSumC$ , you have an **ambient**; they vacillate between introversive and extratensive styles; since neither is used regularly, neither is well-developed. They take longer to solve problems, make more mistakes, repeat more mistakes, and thus have difficulty learning from experience.