

Adj Dscore

= -1

....a familiar, ordered domestic and work environment where predictable expectations and demands greet the person, poses few challenges to self control. The individual, however, lives with considerable stress or on a moment to moment basis. Should their environment become less predictable and the routines upon which they have relied become unavailable, the more likely their behavior will not be planned and goal directed.

(Exner 1991, p. 163)