

Sixteen Personality Factory Test

16 PF

Statements

Factor A

Warmhearted, Outgoing, Easygoing (High)

vs.

Cool Social Orientation, Reserved, Detached, Critical, and Aloof (Low)

A

(8 - 9 – 10)

His/her energies focus on social interactions.

He/she does not like to be alone.

Harmonious relationships are important to them. Their kind, thoughtful ways of dealing with others fosters positive connections.

He/she feels intolerably lonely when in his/her own company for any length of time.

Pleasing others is a way of life for them. They would do well in careers that involve serving and caring for peoples' needs, such as nursing, psychotherapy, and teaching.

Their devotion to the people close to them suggests they are warm, affectionate people who are happiest in the company of others.

Others see him/her as cooperative, concerned, and generous with his/her time and possessions.

He/she is slow to criticize.

A

A (8-9-10) and H (8-9-10):

He/she will act in a bold, assertive, and uninhibited way when conditions permit.

Adventurous and bold, they seek and generate excitement. They are always on the lookout for the next adventure and want the freedom to be able to take off on a moment's notice. A sense of expediency allows them to use whatever resources are handy now.

It is difficult for them to persist in routine work that does not present constant new challenges.

A (8-9-10) and F (8-9-10)

He/she is a happy-go-lucky, enthusiastic person.

They have a bright, upbeat manner and a cheerful spirit that does not allow them to stay down for long.

He/she has a pressing need to receive the approval of others.

He/she faces the possibility of compromising his/her standards by giving into the desires of others.

He/she is easily influenced.

He/she is gullible.

Being easily exploited lays they open them makes the, vulnerable.

A

(1 - 2 - 3)

His/her energy focuses on the inner world of ideas and emotions.

He/she does not warm-up to other people quickly.

He/she is thoughtful and contemplative, turning inward for direction and needing time alone to think things through.

Preferring a quiet place of your own for speculative thinking, you are not interested in generating a lot of social activity.

It is very difficult for him/her to work with constant interruptions, as he/she needs to be able to concentrate on his work.

He/she feels no rewards from contacts with others.

He/she spends a lot of time in solitude.

Other people's approval or disapproval does not readily influence him/her.

He/she sees the darker side of human nature easily.

He/she is indifferent to other people's feelings.

Talented with the ability to be intimate has eluded him/her.

Factor B

Abstract Intelligence

High General Cognitive Ability
Insightful, Rapid Accurate Associations (High)

vs.

Concrete Thinking

Sees only what is immediately under Their Noses (Low)

B

(8 - 9 – 10)

The ability to make decisions based involving many factors are a strong point.

She can backed up everything says with data and logic.

A logical thinker who demands to know that there is a good, solid reason for everything they do.

A (8-9-10) and B (8-9-10)

He/she is an unusually optimistic person with Pollyanna attitudes. He/she is overly trusting and credulous.

The need for approval to promote harmony between him/her and others dominates his/her social behavior.

Her reliance on the good opinions of others leaves her vulnerable.

B

(1-2-3)

He/she takes a simpler view of the world than most.

His/her thinking is focuses on the concrete, self evident, immediately present, and practical. Loftier thoughts, philosophy, or the world of ideas receives little or no regard.

They think with their hands.

A (8-9-10) and B (1-2-3)

He/she is easily conned.

The need for approval makes him/her vulnerable to manipulation.

Factor C

Adaptation to the World

Emotionally Stable, Mature, Calm, Sees the world as it is. (High)

Vs.

Feelings Dominate, Emotionally Unstable, Easily Upset Vacillating. (Low)

C

(8 - 9 – 10)

He/she does not entertain many unrealistic expectations.

He/she routinely makes plans to meet future emergencies.

He/she continually analyzes problems and reduces them to their simplest manageable terms.

He/she plans for enough time to meet obligations and tasks.

He/she keeps his/her options open.

He/she responds promptly when faced with problems.

He/she is able to choose between several alternatives in solving problems. They may not always be the best alternatives, however.

He/she is please to think well of himself/herself.

When faced with unpleasant occurrences He/she makes alternate plans.

He/she is able to look at the brighter side of a black prospect.

He/she has good emotional control.

He/she stays calm and collected in emergencies.

C (8-9-10) and A (1-2-3) and F (1-2-3) and I (1-2-3) and M (1-2-3)

He/she is stiff, critical, sober, taciturn, tough-minded, insensitive, lacking in imagination, and drawn to mundane everyday matters.

It is hard for this individual to unbend and be spontaneous. He/she has so long been accustomed to conducting himself/herself in a particular fashion that to try something new would be difficult to unthinkable.

(8-9-10) and O (1-2-3) and Q₄ (1-2-3)

He/she is a mature person who has excellent emotional control and a good sense of humor.

C (8-9-10) and L (1-2-3)

He/she does not lay his/her fancies off on other people but accepts them for what they are.

This person escapes into a fantasy world where he/she can accomplish the impossible and when ever nothing else is satisfying to them, working for them, or possible.

C (8-9-10) and H (8-9-10)

He/she is an assertive person.

There is a strong desire present to accomplish tangible success.

C (8-9-10)

He/she may have had an unusually difficult time of it while growing up.

C

(1 - 2 - 3)

He/she loses control over his/her feelings easily.

He/she gets upset easily.

He/she does not always know what he/she wants.

C (1-2-3) and O (1-2-3) and Q₄ (8-9-10)

He/she is denying important needs and feelings.

C (1-2-3) and I (1-2-3)

He/she does little self-examination and is not aware of his/her feelings.

C (1-2-3) and F (8-9-10)

He/she frequently acts on the first idea that strikes him/her.

This individual tends to jump capriciously from one thing to another.

He/she is impatient and eager to get moving jumping to conclusions at the drop of a hat.

He/she gets bored easily.

Neglects to make preparations or consider the possible consequences of their actions.

Inactivity is annoying.

C (1-2-3) and F (1-2-3)

He/she cannot complete a process or activity when confronting the emotional stresses of unknown situations and does not know what to do to get things going again.

He/she is reluctant to make decisions and less able to make a commitment and decide on a definite course of action.

His/her hesitation to put him/her forward comes from a sense of personal inadequacy and ineptitude.

He/she is afraid of rejection if he/she opens himself/herself up to the possibility of making a mistake.

C (1-2-3) and Q₃ (1-2-3) or

C (1-2-3) and H (1-2-3) or

C (1-2-3) and E (1-2-3)

He/she fails to follow through with the well thought-out plans they have made.

C (1-2-3) and H (1-2-3)

The spirit is willing but the flesh is weak.

*

C (1-2-3) and E (1-2-3)

He/she quickly gives way to the wishes and desires of others.

C (1-2-3)

He/she is adjusting poorly to life.

Life is overwhelming.

Factor D

Excitability

Excitable, Impatient, Demanding, Overactive, Unrestrained (High)

Vs.

Stoic, Matter-of-Fact, Deliberate (Low)

D

(8-9-10)

Demanding, impatient
Attention seeking, Show-off
Excitable, Hyperactive
Jealous
Self-assertive, Egotistical
Distractible
Presents with multiple nervous symptoms

D

(1-2-3)

Stoical
Complacent
Deliberate
Trusting
Self-effacing
Constant
Stable
Relaxed

Factor E

Dominance

Assertive, Aggressive, Competitive, Obstinate (High)

vs.

Submission

Obedient, Docile, Obliging, Agreeable, Polite (Low)

E

(8 - 9 – 10)

He/she is, underneath it all, strongly opinionated and intolerant of views that are contrary to their own.

He/she is aggressive, forceful, rigorous, intense, aggressive, egotistical and insensitive to the impact his/her behavior has upon others.

He/she wants to be in command, feeling superior to, and be in charge of other people's behavior.

He/she displays an attitude of omnipotence, superiority, and disdain for others.

By nature, he/she is controlling of others and rejecting of their opinions and wishes.

He/she will be autocratic should he/she finds himself/herself in a leadership position.

He/she is a poor follower.

His/her dominant behavior could be a defense masking feelings of inferiority. Attack is the best defense.

He/she rarely feels badly about the impact of his/her behavior.

He/she likes giving orders, issuing commands and bossing people around.

Being powerless is the ultimate insult, nightmare, and dread for him/her.

E (8-9-10) and C (1-2-3) and G (1-2-3) and F (8-9-10) and Q₃ (1-2-3)

He/she is prone to reaction violently when faced with the loss of something or someone important to him/her.

E (1-2-3) and Q₄ (8-9-10)

He/she is quick to smooth things over.

He/she denies and does not realize his/her needs and wishes.

Tension and frustration fill the days of his/her live.

E (1-2-3) and L (1-2-3) and G (1-2-3)

He/she finds it hard to change their accustomed habits and routine behaviors or move on to new jobs or relocate to another city or location.

He/she expects others to appreciate the sacrifices he/she has made for them.

E (1-2-3) and L (1-2-3) and G (1-2-3)

He/she blows-ups and takes his/her anger out on others when he/she get teed off.

E (1-2-3) and L (8-9-10)

He/she is a pleasant and agreeable person on the surface. Beneath this façade however, he/she is violent, suspicious, and insecure. He/she assumes others will be angry with him/her if he/she acts contrary to their opinions and wishes. He/she feels they will treat him/her unfairly. He/she is angry over this. He/she suspects others will detect his/her anger and punish him/her. To avoid this, he/she goes along with what they see others expect of him/her, while at the same time, he/she drags his/her feet, forgets what is asked of him/her, and excuses his/her anger in ways he/she hopes will

not beseem through.

He/she has mastered the fine arts of delay, sabotage, and the feet dragging associated with resisting requests, orders, and demands of superiors, bosses, authority figures, and people who do not appreciate them sufficiently.

He/she enjoys the fury, anger, and displays of impotence of the bosses they have defeated.

He/she is two and on occasion even three faced, gossips behind peoples' backs, and shows his/her resentments only with their buddies, mates, and like-minded people.

E (1-2-3) and L (8-9-10)

He/she knows how to suck-up to and curry favor with the very people he/she resents and hates.

(E (1-2-3) and C (8-9-10) and N (8-9-10)

He/she is self-controlled and shrewd. He/she takes advantage of others vulnerabilities. He/she uses flattery and compliments to get what he/she wants from those who have it in spades.

He/she gets even, not angry.

E (1-2-3) and A (1-2-3) and F (1-2-3)

He/she is compliant with demands made upon them, but makes little effort to be agreeable about it. He/she usually remains silent, not expressing his/her wishes or opinions. He/she smolders with resentment. He/she does not offer-up solutions or other ways of going about things. He/she is a silent obstructionist.

E (1-2-3) and F (1-2-3) and O (8-9-10) and Q₁ (1-2-3) and Q₄ (8-9-10)

He/she relies on others to guess what he/she wants and desires. He/she is most often disappointed with what she gets out of his/her guessing games and as a result has many unmet needs, wishes, and desires.

He/she is disdainful of people who disappoint them when they do not get it right, i.e. they do not fathom or guess correctly and then do not get or give him/her what it is they

want.

E

(1 - 2 – 3)

Clinically, low E scores have been associated with **suicidal** behaviors, **drug abuse**, and **alcoholism**. Check this possibility out with a thorough review of history, public records, and interviews.

He/she avoids conflict with others by being agreeable, compliant, and submitting to their wishes.

He/she makes few to no demands upon others.

He/she wants the safety of the approval of others.

E (1-2-3) and H (1-2-3)

He/she is shy, timid, and not particularly happy.

E (1-2-3) and F (1-2-3)

He/she is a cautious person.

Factor F

High Spirits

Happy-go-Lucky, Enthusiastic, Excitable, Alert, Talkative (High)

vs.

Cool Self-Control

Thoughtful, Inner Directed, Cautious, Thinks Before Acting (Low)

(8 - 9 – 10)

13

He/she enjoys attention.

He/she does not have many inhibitions.

Ideas come to him/her quickly.

He/she enjoys parties and having friends.

He/she is self-centered, ebullient, sensuous, optimistic, and pleased with himself/herself.

He/she is quickly bored and likes change and variety.

He/she rarely questions his/her motives.

His/her problems spill out into his/her surroundings.

He/she has inadequate social skills.

Look for:

- 1) Hysterical Disorders
 - 2) Conversion Disorders
 - 3) Manic Depressive Disorders
- [As clinical possibilities]

F (8-9-10) and A (1-2-3) and Q₂ (1-2-3)

He/she is self-serving to a fault.

He/she can be exceptionally **seductive**.

This seductive behavior is a threat to persons in positions of trust.

F (8-9-10) and H ((8-9-10) and Q₂ ((1-2-3) and A (8-9-10)

He/she is extroverted.

He/she is "the life of the party."

F (8-9-10) and D₃ (1-2-3) [CAQ]

Clinically, rule out character disorders, sociopathy, and psychopathy as well as just nasty persons of dubious character who are exceptionally upsetting. They are troublemakers.

F (8-9-10) and C (1-2-3) and G (1-2-3) and Q₃ (1-2-3)

Asocial as well as antisocial behavior is likely.

F

1 - 2 - 3

He/she hates making mistakes.

He/she does not like to take chances.

He/she thinks slowly, proceeding carefully from one idea to another. He/she checks each step in the solution of a problem before going on to the next one.

He/she is ill at ease in social situations.

He/she is not usually good at conversation.

He/she is responsible and trustworthy at work.

He/she is a sober, serious person he/she is not a cheerful sort.

He/she takes everything too seriously.

F (1-2-3) and B (8-9-10)

His/her thinking is deep, critical, and creative.

(F (1-2-3) and B (1-2-3))

His/her interests are narrow and restricted.

F (1-2-3) and E (1-2-3)

He she is not assertive.

F (1-2-3) and N (8-9-10)

He/she is tactful and foresighted in dealing with people.

F (1-2-3) and H (1-2-3) and Q₂ (8-0-10) and A (1-2-3) and E (1-2-3) and
N (8-9-10)

He/she is socially aloof and self-reliant. He/she limits his/her involvement with others and is careful not to give offense.

Factor G

Moral vs. Amoral Behavior

8 - 9 - 10

Conscientiousness is a hallmark of this person.

He /she is clearly aware of what sorts of behaviors constitute the good, the bad, and the acceptable course of action as judges by the current norms of the strata of society in which they live.

G (8-9-10) and Q₃ (8-9-10) and Q₁ (1-2-3)

He/she is a solid citizen. He/she will do the right thing.

G

(1 - 2 - 3)

16

He/she has few or no attachments to other people.

He/she has developed no moral standards.

He/she is hard and callous.

He/she fails to learn from the pain associated with the mistakes they have made.

He/she lacks a sense of fear, which would protect him/her and others.

He she changes jobs frequently.

His/her relationships are short-lived.

He she is undependable.

He/she is an opportunist.

[Many of these people have lost track of, and touch with their families of origin as well as, spouses and children from previous marriages, that suggests Amoral behaviors could be the reason for these outcomes.]

G (1-2-3) and C (1-2-3) and H (8-9-10) and L (8-9-10) and O (8-9-10)

He/she avoids punishment, gives and takes favors and is a (good boy) (nice girl) type of person.

Factor H

Bold

Socially Forceful, Thick-skinned, Adventurous (High)

vs.

Timid

Shy, Restrained, Guarded, Vigilant, Watchful, Cautious (Low)

H

(8 - 9 – 10)

He/she is strong-willed, confident, and idealistic.

He/she engages in risks and challenges, which excite him/her.

He/she likes thrills, taking risks, and dangerous work and amusements.

He/she takes the initiative.

He/she is brash and pushy.

He/she does not conform to societies rules. He/she does not react to punishment in an expected way.

Look for character-disordered personality behavioral patterns in adults and conduct disorders with adolescents.

H (8-9-10) and F (8-9-10)

He/she is bold, adventuresome, exuberant, and happy-go-lucky.

H (8-9-10) and O (1-2-3)

He/she is self-assured.

H (8-9-10) and O (1-2-3) and C (8-9-10_

He/she lives with little guilt or self-reproach.

H (8-9-10) and A (1-2-3)

He/she has a hard, callous ruthless nature.

H (8-9-10) and B (1-2-3)

He/she makes rash judgments and acts accordingly.

He/she is accident-prone.

He/she does not take the consequences or impact of his/her plans into consideration before he/she starts to carry them out.

H (8-9-10) and C (1-2-3)

He/she does not check things out before acting.

Caution is not one of their better qualities.

He/she does not tolerate frustration well.

He/she is impulsive.

H

(1 - 2 - 3)

He/she clings to the predictable and certain.

He/she does not tolerate threat well.

He/she avoids dangers and risks.

He/she does not like to draw attention to him/her.

He/she wants and tries to be well behaved.

He/she is ever ready to take into consideration the reactions others will have to his/her behavior.

Alcohol and drug dependency is a possibility.

He/she is a silent sufferer.

H (1-2-3) and A (1-2-3)

Rule out a schizoid personality disorder.

(1-2-3) and E (1-2-3)

He/she adapts to circumstance no matter the cost to him/her.

Factor I

Feeling

Dependent, Insecure, Fearful, Yielding, Docile (High)

vs.

Thinking

Tough minded, Unsentimental (Low)

I

(8 - 9 – 10)

20

He/she makes his/her evaluation of people based upon his/her empathic understanding.

He/she is compassionate and sensitive

He/she identifies emotionally with what others are experiencing.

He/she expects affection and sympathy in these close relationships.

He/she is tender hearted and has no callousness in him/her.

I (8-9-10) and C (1-2-3)

He/she is deeply subjective. He/she does not solve problems well.

I (8-9-10) and A (8-9-10)

He/she is sympathetic, generous, and kind.

I (8-9-10) and A (1-2-3) and F (8-9-10)

He/she is self-centered.

I (8-9-10) and F (1-2-3) and H (1-2-3)

His/her feelings are intense, often bottled-up, and frequently painful.

I

(1-2-3)

I (1-2-3) and H (8-9-10) and A (8-9-10) and F (8-9-10)

He/she has an ardent nature.

Type A personality behavior patterns may be present.

Rule out stress related disorders.

I (8-9-10) and C (1-2-3)

Rule out circulatory disorders.

I (8-9-10) and E (1-2-3) and F (1-2-3) and G (1-2-3) and H (1-2-3) and
O (1-2-3) and Q₄ (8-9-10)

Neuroticism Pattern

I+ Subjectivity
E- Submissiveness
F- Unassertiveness
G- No insight
H- Passivity
O+ Low self-esteem
Q₄+ Tension

[Phooey :-)]

He/she has few illusions.

He/she accepts the harsh realities of life without complaint.

He/she is rough, ready, unemotional, and insensitive.

He/she does not engage in self-analysis.

He/she does not register his/her emotions consciously.

His/her experiences with people are emotionally distant, detached, and focused on what happens in the here and now.

He/she values the concrete, practical and obviously useful.

He/she is not particularly interested in the abstract, theoretical, or philosophical.

He/she is interested in facts not feelings.

He/she is vulnerable to having difficulties in establishing and maintaining stable loving and affectionate relations.

He/she does not seek help in time to save himself/herself from harm or injury.

He/she practices thought stopping to exclude painful feelings.

Rule out an asthmatic disorder.

I (1-2-3) and A (1-2-3) and H (8-9-10)

He/she is cool and unsympathetic.

He/she is socially indifferent.

He/she is insensitive to the emotions of others.

Factor L

Trust vs. Suspicion

Suspicion

Jealous, Suspicious, Guarded, Distrusting, Dogmatic, Demanding (High)

Trust

Naïve, Gullible, Innocent, Forgiving, Accepting, Tolerant (Low)

L

(8-9-10)

He/she is a jealous embittered person.

He/she feels cheated and deprived.

He/she feels entitled to more than has been their lot in life.

He/she feels helpless and frustrated.

He/she runs down others.

He/she is suspicious of every ones' intentions towards him/her all of the time.

He/she sees danger at every turn.

He/she is on guard against becoming a victim of deceit and trickery.

He/she is proud of being sharp-eyed shrewd, and on top of things.

He/she looks for the hidden meaning in everything.

He/she reacts badly to surprises and changes.

He/she is a faultfinder.

He/she is an injustice collector.

He/she has a chip on his/her shoulder.

He/she does not trust others.

He/she feels rejected and unfairly treated.

Stress shows up in the form of low back pain, coronary heart disease, and generalized illness.

L (8-9-10) and O (8-9-10)

Can not find few or no ways to make himself/herself feel good.

L (8-9-10) and O (1-2-3)

He/she is arrogant and at times grandiose.

L (8-9-10) and A (1-2-3) and B (8-9-10)

He/she is intelligent, has a very good opinion of him/her, and indifferent to the fate of others.

He/she is an elitist (snob).

L (8-9-10) and E (8-9-10)

He/she dominates relationships.

He/she is controlling, opinionated, demanding, aggressive, and hard on others near them.

L (8-9-10) and E (8-9-10)

He/she is constantly attending to his her position in the social pecking order.

He/she is cautious.

He/she is comfortable with himself/herself and others.

He/she does not suffer from jealousy, suspiciousness, self-aggrandizement, and competitiveness.

He/she lives a healthy life.

He/she is usually well-received and liked by others.

He/she is easy going and gets along with others.

He/she is generous and cooperative.

Others find him/her easy to trick and exploit.

L (1-2-3) and Q₄ (1-2-3) and C (8-9-10) and O (8-9-10) and Q₃ (1-2-3) and

E (1-2-3)

He/she is emotionally mature and self-controlled.

Factor M

Practical vs. Imaginative

Imaginative

Sophisticated, Socially Adroit, Emotionally Aloof, Fastidious, Beauty Held in High Regard, Knows Themselves and Others, Ambitious, Bright, Insecure (High)

Practical

Socially Inept, Straight Forward, "What-you-sees-is-what-you-gets", Gregarious, Easily Emotionally Involved, Spontaneous, Clueless About What Makes Them Tick, Inept Scanning Others Intentions (Low)

M

(8 - 9 -10)

He/she habitually focuses on ideas and inner subjective events.

He/she experiences an intense inner life.

He/she is absent-minded.

He/she forgets where he/she put things, loses track of time, is late for appointments, and never sees what is right under his/her nose.

H/she withdraws into fantasy when things become unpleasant.

He/she does not do well with detailed work.

Substance abusing persons prefer to derive comfort and pleasure from directly altering internal states, rather than getting pleasure and comfort through responding and interacting directly with the people in their environment.

Job dissatisfaction and poor job performance are often experienced.

Retreats into psychosis occur unexpectedly.

Substance abuse, schizophrenia, major depressions may have occurred.

M (8-9-10) and I (8-9-10)

He/she has a rich inner life. He/she makes evaluations based upon feelings and emotions.

M (8-9-10) and I (1-2-3)

He/she is able to see all types of possibilities in an objective, emotionally subdued way.

M (8-9-10) and C (1-2-3)

He/she withdraws into his/her inner life when faced with unpleasant circumstances.

M (8-9-10) and G (1-2-3)

He/she has unorthodox ideas about religion, sex, and politics.

M (8-9-10) and Q₃ (1-2-3)

He/she does not care what others think of him/her.

M (8-9-10) and A (1-2-3)

He/she forgets people's names, birthdays and personally relevant information concerning people with whom they deal.

M (8-9-10) and B (1-2-3)

He/she has difficulties coming to terms with the demands of work, obligations, and close relations.

Recurring crises, big and small, are always upsetting to him/her.

M (8-9-10) and I (8-9-10)

He/she bases decisions upon his/her feelings and subjective response to situations, rather than detached, logical reasoning.

M

(1 - 2 – 3)

He/she values the immediate impact of the concrete, aesthetically, and sensuously obvious in their surroundings.

He/she calls a “spade a spade”.

He/she is blunt without intending to be discourteous.

He/she is concerned over details.

He/she wants to do the right thing.

He/she keeps his/her head in an emergency.

He/she is bound to his/her immediate environment.

He/she lacks imagination and the ability to imagine alternatives.

He/she strongly prefers the familiar and predictable.

He/she has an excellent memory (for detail).

He/she does not reflect on his/her behavior or life.

He/she is dependable and predictable.

He/she does well at maintaining and running operations.

Occupations: Engineers, pilots, flight attendants, miners, geologists, police.

M (1-2-3) and I (8-9-10)

He/she is a kind and considerate person.

He/she does not display much self-understanding.

M (1-2-3) and I (8-9-10)

He/She is intensely practical.

M (1-2-3) and I (1-2-3)

He/she is an unemotional and logical person.

M (1-2-3) and I (1-2-3) and Q₁ (1-2-3)

He/she is slow to make any kind of changes.

M (1-2-3) and F (1-2-3)

He/she has a narrow view of life.

Rule out obsessive-compulsive disorders.

Factor N

Naïve vs. Shrewd

Shrewd

Sophisticated, Socially Polished, Aloof, Calculating, Exacting, Detached, Disciplined,
Drawn to Beauty, Knows Themselves as well as Others, Bright, Ambitious (High)

Naïve

*Socially Artless, Gregarious, Emotionally Excitable, Simple Tastes, Clueless About
What Makes Them and Others Tick, Content With Their Lot, Overwhelmingly
Trusting(Low)*

N

(8 - 9 – 10)

He/she is shrewd.

He/she dons a social mask to cover whatever it is about himself/herself he/she wishes to keep out of sight. He/she can present a personae specifically crafted to invoke the kind of responses he/she desires from others.

He/she places great value on diplomacy as an end in itself.

He/she uses his/her social skills to maneuver people to get what he/she wants.

He/she is a more than adept manipulator.

He/she sizes people up with impressive, if not at times dismaying, accuracy.

He/she is hard to "read" in face-to-face meetings.

He/she is good at hiding less desirable personal traits, such as anger, and wants always to get the upper hand.

N (8-9-10) and Q₃ (8-9-10)

He/she is preoccupied with his/her social status and reputation.

N

(1 - 2 - 3)

He/she does little to hide his/her feelings and thoughts.

He/she does not try to impress others to get what he/she wants.

He/she recovers quickly from disappointments.

He/she is usually healthy.

He/she lacks social sophistication.

He/she has limited insight into other people's behavior.

N (1-2-3) and B (1-2-3)

He/she is an artless, seemingly simple-minded soul.

N (1-2-3) and I (8-9-10)

He/she relies upon his/her feelings to make evaluations of situations and people.

People can easily take advantage of him/her.

N (1-2-3) and M (8-9-10)

He/she is as decidedly odd and eccentric. He/she has a propensity for making disastrous social mistakes for which he/she makes no notice and takes little or no mind.

Rule Out:

- 1) Regression
- 2) Immaturity
- 3) Bipolar disorders
- 4) Schizophrenia
- 5) Severe neurosis

Factor O

Guilt Proneness vs. Unruffled Sense of Adequacy

Guilt Proneness, Anxious, Depressed, Emotionally Vulnerable, Scrupulous, Fussy, Fearful, Lonely, Brooding, Angst-ridden, Sharply Criticizes Self for Mistakes Small and Large, Distressed, Angst-ridden, Sharply Criticizes Self for Mistakes Small and Large,

Distressed (High)

Vs.

Unruffled Sense of Adequacy

Self-assured, Secure, Smug, Self-satisfied, Felling Good, Rude, Fearless, Reactive, Vigorous, Insensitive (Low)

O

(8 - 9 – 10)

Suffering dominates his/her feelings and thoughts.

He/she does not like himself/herself.

He/she has a fragile sense of self-worth.

He/she is good, humane, and virtuous.

He/she detests selfishness, greed, cruelty, and irresponsibility and Morgan Stanley.

The simple act of pointing out his/her most human shortcomings mobilizes his/her deepest fears.

He/she is easily shamed.

Manipulators are able to initiate guilty feeling in him/her. This act quickly initiates an easy vulnerability to being set-up to do the bidding of scheming persons.

He/she is particularly prone to accept blame from any source.

He/she believes he/she deserves punishment, no matter what.

There is a possibility of suicide or homicide along with depression and incapacitating anxiety.

O (8-9-10) and G (8-9-10)

He/she strongly endorses conventional moral standards.

Guilt is the dominant feeling in an otherwise low self-esteem picture.

His/her feelings of guilt are inappropriate applied to his/her behavior.

He/she lives by an unreasonable, punishing, damning, and rigid moral code.

O (8-9-10) and Q₃ (8-9-10)

He/she feels inadequate and ashamed of himself/herself.

He/she is depressed.

He/she gets little joy out of living.

O (8-9-10) and E (1-2-3)

He/she does not assert himself/herself when challenged.

O

(1-2-3)

He/She has solid sense of self-worth.

He/she believes he/she is special, deserves the good things in life, and has every reason to feel good about him/her.

He/she rarely if ever, feels shame, guilt, remorse, or the need to take responsibility for their behavior.

He/she denies personal shortcomings.

Accurate self-awareness is lacking.

He/she is not able to put himself/herself in the shoes of others or feel and think as they do.

He/she is not empathic.

He/she does not care about what happens to other people.

The capacity for Intimacy is absent in him/her.

He/she does not know how to apologize not do they want to.

O (8-9-10) and F (1-2-3)

He/she is self-confident, fearless, cheerful, laid-back, and actively involved in pursuing his/her interests.

Factor Q₁

Orientation to Change

Adventurous vs. Cautious

Adventurous

Well Informed, Liberal, Analytical, Experimenting, Risk Taking, Venturesome, Problem Solver (High)

Vs.

Cautious

Conservative Attitudes, Traditional, Moralizing (Low)

Q₁

(8 - 9 – 10)

He/she is interested in and seeks out the new, unfamiliar, and novel.

As a child, he/she felt captive in an environment he/she was too young and helpless to change.

He/she is readily angered when he/she meets unfair and oppressive obstructions to their plans and desires.

He/she has a hopeful attitude. Things will get better.

He/she is optimistic and looks forward to the future.

He/she detests being controlled.

Authority figures like the insensitive parents, cops, disdainful judges, high-handed teachers, nosey neighbors, hypocritical preacher, and stupid politicians are objects of dislike, derision, and ridicule.

He/she bristles at injustice.

He/she is unselfish.

He/she is generous.

He/she is a champion of the underdog.

His/her imaginative flair is well known.

Q₁

(1 - 2 - 3)

He/she is reluctant to leave behind his/her present and past attachments.

He/she prefers the comfort of the familiar and has shies away from the new and novel.

He/she has resigned himself/herself to putting up with difficult conditions.

He/she tolerates routine, dull, uninteresting, and frustrating jobs.

He/she does not like or tolerate change at all well.

"Living in the past" gives comfort and relaxation.

He/she reacts to the crisis of change with uncertainty, unfamiliarity, confusion, physical stress, and ambiguity and even, at its worst, loss of personal identity.

He/she is conservative by choice.

He/she judges his/her behavior by the standard of conventionally acceptable behaviors.

He/she is faithful and loyal.

Adjustment disorders occur frequently because of the challenge of change.

Q₁ (1-2-3) and H (1-2-3)

He/she prefers to go unnoticed.

Factor Q₂

Self-Sufficiency

Aloof vs. Gregariousness

Self-Sufficiency

Resourceful, Independent, Resolute, Independent, Aloof (High)

vs.

Gregarious

A “Joiner”, Follower (Low)

Q₂

(8 - 9 – 10)

He/she enjoys and seeks out opportunities for the pleasure of his/her own company.

He/she values his/her privacy.

He/she wants the freedom to choose what he/she wants and desires.

He/she is a cool, self-contained, aloof person. Others do not warm up to them easily.

Maintaining and relying upon good interpersonal relationships is not important to him/her.

He/she is a self-sufficient person.

Q₂ (8-9-10) and B (1-2-3)

He/she does not learn from painfully punishing past-experience.

Q₂ (8-9-10) and A (1-2-3)

He/she is unable to form deep, stable human attachments.

Q₂ (8-9-10) and L (1-2-3)

He/she distrusts others to the point he/she rejects advice, guidance and help from others.

Q₂ (8-9-10) and O (8-9-10)

He/she fears rejection if he/she reveals personally sensitive information to others.

Q₂

(1 - 2 - 3)

Deeply ingrained is the bedrock of this person's makeup.

Q₂ (1-2-3) and E (8-9-10)

He/she relies on others for emotional support while at the same time tries to dominate them.

Q₂ (1-2-3) and L (8-9-10)

His/her suspiciousness, hyper-vigilance and insecurity clash with his/her need to rely on others for emotional support.

Factor Q₃

Maintaining a Socially Approved Self-Image

Self-Preoccupation vs. Obliviousness

Self-Preoccupation

Strong Willed, Precise, Also Known as a “A Pointed Person” to Quilters, Exacting, Foresight, Considerate of Others, Concerned for Reputation, Socially Aware (High)

vs.

Oblivious

Socially Disconnected, Disregards Social Rules, Impetuous (Low)

Q₃

(8 - 9 – 10)

He/she continuously monitors how correct his/her behavior appears to others.

Making the correct appearance is important.

He/she is dissatisfied and critical with himself/herself for the most part.

Follows etiquette and observes good manners.

He/she is a perfectionist.

He/she is a high achiever.

Rule out paranoid narcissistic personality disorders and early schizophrenic disorders.

Q₃ (8-9-10) and E (8-9-10) and O (8-9-10)

He/she is not willing to admit to failure or flaw.

He/she blames others for his/her failures.

Q₃ (8-9-10) and G (8-9-10)

Wrapped-up in them self provides them with a shield, cloche, and protection.

He/she is status conscious, humorless, and intolerant of people who do not meet with his/her approval.

Q₃ (8-9-10) and O (1-2-3)

He/she holds himself/herself in high esteem.

Q₃ (8-9-10) and O (8-9-10) and C (1-2-3)

He/she is paying a high price for living up to others' high expectations.

Q₃

(1 - 2 - 3)

He/she prefers, protects, and promotes his/her personal comfort.

He/she is sloppy, messy, and untidy.

He/she never makes up his/her minds about what he/she wants to make of himself/herself in life.

He/she did not develop a usable, socially approved reputation.

He/she pays little attention to how he/she appears to others.

He/she is indifferent to what others think of him/her.

He/she does what he/she wants to do when he/she wants to do it.

Rule out neurosis and asocial behaviors.

Q₃ (1-2-3) and A (8-9-10) and C (8-9-10) and N (1-2-3)

He/she gives little thought to himself/herself.

Q₃ (1-2-3) and C (1-2-3) and Q₄ (8-9-10) and O (8-9-10)

His/her sense of moral values and practices did not develop very far.

Q₃ (1-2-3) and L (8-9-10) and M (8-9-10) and Q₄ (8-9-10)

Evaluate the potential for suicide.

Q (1-2-3) and C (1-2-3) and H (1-2-3) and L (8-9-10) and O (8-9-10) and
Q₄ (8-9-10)

He/she views himself/herself as "stupid." He/she feels inadequate, tense, and anxious.

Q₃ (1-2-3) and O (1-2-3) and Q₄ (1-2-3)

He/she is relaxed and self-satisfied.

Q₃ (1-2-3) and C (1-2-3) and Q₄ (8-9-10) and O (8-9-10) and G (1-2-3) and H (1-2-3)

Clinically this reflects a cluster of behavior, i.e.

- 1) Poor adjustment
- 2) Tense
- 3) Low self-esteem
- 4) Under-developed moral values
- 5) Threat sensitivity
- 6) Unaware of His/Her stimulus value
- 7) Deficits in personality maturation
- 8) Deficient superego controls suggest the presence of asocial orientations.

Factor Q₄

Tension vs. Relaxation

Tension

Fretful, Stressed, Frustrated, Driven, Overwrought (High)

Vs.

Relaxation

Tranquil, Laid Back, Cool, Languorous, Indolent Low)

Q₄

(8 - 9 – 10)

He/she is full of nervous energy.

He/she has difficulty relaxing or being still for any length of time.

He/she becomes markedly ill at ease and restless when uncomfortable.

Rule out histories of early abuse.

Consider unpremeditated violent behavior as a possibility.

He/she easily becomes agitated and acts out aggressively.

Q₄

(1 - 2 – 3)

Others see Him /Her as relaxed, tranquil, and content.

He/she is contented with his/her lot in life.

He/she lives in the present.

He/she is does not worry about the future.

He/she is easygoing, "laid-back."

He/she is vulnerable to being unable to defend himself/herself from unexpected surprises.

Q₄ (1-2-3) and L (8-9-10)

He/she does not pay sufficient attention to the sensations of his/her own body.

He/she is in the habit of usually ignoring the status of their health until pain forces them to pay attention to it.

He/she may have high pain tolerance.

Neglect of his/her health status is a possibility.

Q₄ (1-2-3) and O (8-9-10)

Rule out psychomotor retardation, which can be associated with depressive states.

The indices above contain scale evaluations and associated interpretive statements. They can serve as suggestions, which when followed up and investigated may be useful in creating a mental picture of the person under consideration.

The interpretive statements are "feed-stock", which could find their way into a final report should they agree with the individual's history, interview and collateral interviews, and assessor's observations. Do not use them as 'boiler plate' statements.

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